



Community Involvement

FAMILY NIGHT

Family night is an interactive and Alternative activity that allows parents and children to spend quality time as a family. Families learn valuable skills in communication and conflict resolution through hands-on participation that will lead to the enhancement of the family unit. The Family unit is strengthened through monthly events and supports the skills and training parents receive from the Parent Informational Workshop. It is a regular monthly activity for families and other community members where no alcohol, tobacco and other drugs are served.

To find out more details about the Learn To Grow, Inc. programs please contact Vincent Vandiegriff at the phone number and address listed on the back of the brochure.



We provide the following educational services to other Youth, and Adult Serving Organizations:

- Alcohol, Tobacco, and Other Drug Use Prevention Education
- Youth Leadership and Advocacy
- Community Mobilization
- Sexually Transmitted Disease Prevention
- Life Skills Education
- Parenting Classes

Learn To Grow, Inc.
859 Cascade Ave
Atlanta, GA 30311

Phone: 404-755-8788

Fax: 404-753-3779

E-mail: vv@learntogrow.org



MOBILIZING FOR CHANGE
ON ALCOHOL PROGRAM

SUBSTANCE ABUSE
PREVENTION

PARENTING

ENVIRONMENTAL
STRATEGIES

Learn To Grow, Inc

Positive Youth Development

&

Community Outreach Programs



TEL: 404-755-8788

WWW.LEARNTOGROW.ORG

LIFE SKILLS & HEALTH EDUCATION

Alcohol, Tobacco, and Other Drug Use Prevention Programs

Learn To Grow, Inc. facilitates Evidence Based Alcohol, Tobacco, and Other Drug Use Prevention Programs for youths. These programs Help children develop personal and interpersonal skills relating to tobacco, alcohol and illegal drug use, in turn, reducing the use of tobacco, alcohol and illegal drug use at all levels; Help develop appropriate attitudes toward tobacco, alcohol and drugs; and Increases the knowledge of the negative consequences of tobacco, alcohol and drugs and emphasizes the benefits of a tobacco, alcohol and drug-free lifestyle. These programs impact Age of onset of any drug use (including alcohol, marijuana, and tobacco); Frequency of use in the past 30 days (including alcohol, marijuana, and tobacco); and Perception of risk or harm (including alcohol, marijuana, and tobacco) by engaging youth in critical thinking and increasing their knowledge of the dangers of ATOD use. These programs also enhance skills associated with Support, Empowerment, Boundaries and Expectations, and Constructive use of time. Risk factors addressed: Availability of Drugs; Family Management; Community Laws and Norms Favorable toward Drug Use, and Firearms and Crime



**START TALKING
BEFORE THEY
START DRINKING**
www.stopalcoholabuse.gov

LIFE SKILLS & HEALTH EDUCATION

PARENT INFORMATION WORKSHOP

This information workshop is designed to identify risk factors associated with alcohol, tobacco and other drugs and enhance those protective factors in themselves and their children; strengthens family bonds and strengthen communication between parents and their children. The workshop uses research based curriculum to formulate discussions

ENVIRONMENTAL STRATEGIES

Learn to Grow, Inc. conducts environmental strategies to establish, enforce, or change written and unwritten community standards, codes, and attitudes, thereby influencing the incidence and prevalence of the abuse of alcohol, tobacco, and other drugs by the general population. This strategy is divided into two subcategories to permit distinction between activities that center on legal and regulatory initiatives and those that relate to service- and action- oriented initiatives.



Community Involvement

COMMUNITIES- MOBILIZING FOR CHANGE ON ALCOHOL PROGRAM

A program involving local institutions, local leaders, community groups, and members of the community in taking action on a particular issue, in this case “*alcohol.*” This is an effective strategy for creating change in the community because community mobilization can: contribute to sustain behavioral change; improve the probability of the initiative to reach a broad audience by involving people who have a variety of roles within the community; and encourage local capacity building and promote investment in objectives for community level change.

YOUTH LEADERSHIP

This program is designed to establish a network of youth teams across Atlanta/Fulton County who are actively involved in preventing the initiation of alcohol, tobacco, and other drugs use among their peers, promoting quitting among youth and adults, and implementing policy changes within environments that cater to youth.

